

## Adrian Massey Betting System

This system finds select horses that are possibly being laid out for a win so the strike rate is high.

There are 9 rules to follow when looking for a possible selection and rules 8 and 9 will be the ones that determine whether the horse will become an actual bet or not.

### The Rules.

1. The race must be on the All Weather. This does include NHFlat races as they are often run at Lingfield on the All Weather.
2. The race must be a class 5, 6 or 7 race.
3. It must be a race for three year olds or three year olds and over, so 3yo, 3yo+, 4yo+, 5yo+ etc..
4. If the race is a jump race it must only be a NHFlat race. If the race is a flat race it must be either a handicap, a claiming race or claimer, a maiden race or a race for amateur riders.
5. The horse must be running for a different trainer from its last run.
6. The horse must not have won last time out.
7. The horse must not have won in the last 90 days.
8. There must be no more than 13 runners in the race at the off.
9. The horse must be clear favourite at the off.

### Finding a Selection.

1. In any newspaper or online website you look for any All Weather meetings or any NHFlat races at Lingfield or any other All Weather track. Currently only Lingfield has NHFlat races on the All Weather.

If there are no All Weather meetings you do not need to look any further.

2. If there are any All Weather meetings, note all class 5, 6 and 7 races that are for the correct age group as shown above and are either handicaps, claimers, maidens or races for amateur riders on the flat, or NHFlat races on the jumps.
3. Check to see if the horse is running for a different trainer since the last run. You can either do this by clicking the horse form on any website, look at its last run and the trainer for that run and see if today's trainer is different.

You can also go to the Racing Post website and open a race. Next to the trainers name on the left, if the horse is running for the trainer for the first time, it will show a small 1.

You can see this on the following example for the horse Mitigate and trainer Jane Chapple-Hyam.

NO. DRAW FORM	HORSE	AGE	WGT OR	JOCKEY ALLOWANCE TRAINER RTF%
<b>1</b> <sup>(2)</sup> 3-1341	 <b>Hugin</b>  3 tips 27	3	8-12 89	J: Jamie Spencer T: David Simcock <sup>73</sup>
<b>2</b> <sup>(3)</sup> 90-250	 <b>Rodaini b</b>  11 tips 68	3	8-12 100	J: Franny Norton T: Simon Crisford <sup>84</sup>
<b>3</b> <sup>(4)</sup> 5-0763	 <b>Used To Be</b>  1 tip 32	3	8-12 66	J: P J McDonald T: K R Burke <sup>50</sup>
<b>4</b> <sup>(1)</sup> 316609	 <b>Mitigate</b> 76	3	8-7 70	J: Hollie Doyle <sup>3</sup> T: <sup>1</sup> Jane Chapple-Hyam <sup>43</sup>

4. Check that the horse didn't win last time out.
5. By looking at the form of the horse by clicking the name on the Racing Post website, check that the horse has not won in the last 90 days.
6. If you still have a selection, then you need to wait for very close to the off and make sure that there are 13 runners or less running and that the horse is the clear favourite in a race.

*And that is it.*

When a horse goes to a new trainer it gives the chance for the horse to be freshened up and trained differently to its routine before.

We already know that the horse didn't win last time and hasn't won for over 90 days so would not generally be considered to be 'in form'.

Putting these facts together and if the horse is the clear favourite at the off, it would suggest that the trainer is confident he has improved the horse at home and is expecting a good run.

#### Check results video

Hit the link below for a video guide on how to check the results on the Adrian Massey website

<http://www.informracing.com/admvidxxlsyst/>

#### Making the most of the losers.

To date, only one horse that lost went on to win next time out. This would suggest that the trainer is expecting the first run to be when the horse wins. If the horse does not win it is unlikely it will do so next time either. By laying all losers next time out at 6.00 or less, can add extra profits to the betting bank.

#### Betting bank.

With losing runs being very short it is suggested a bank of just 6 times your stake would be enough unless you are going to be laying the losing bets next time out and then you will need more to cover the lay liability.

