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What I am about to tell you today will help you identify false favourites to take on as well as bigger priced runners to back, that you probably never would normally.

And that is because you will learn how to read the pace of a race and how each runner is likely to start and more importantly finish.

I am sure you have seen a hundred times before when a short priced favourite runs an absolute stinker after being at the front of the race early on, fading quickly and ending up falling out the back of your TV in last.

Other times you will have seen a rank outsider with no recent form or supposed chance in a race, move steadily into the race in the last two furlongs, breeze up on the outside and win comfortably going away.

On both occasions you probably scratch your head and wonder how on earth that happened!

Well what did happen is that the pace of the race either didn't suit or did suit perfectly these horses.

There are two types of horses that are worth noting and the first of these are the front runners. Horses who prefer to lead and are fast away to the front.

Many horses do like to lead but if there are two or three dedicated front runners, then they can take each other on, try too hard to get to the front and use up too much early energy.

And this is when you see horses who have been up the front, fading badly like the short priced favourite I mentioned above.

On the other hand, you have those that like to be held up.

And it is these horses that take advantage of when two or more front runners are taking each other on.

This allows our big outsider who just sat back and let the others use up all of their energy, to come through and take the race.

The Lone Front Runner.

These are not all bad especially if you have just one likely front runner.

Because he may get what they call 'an easy lead' and be allowed to dictate the pace of the race from the front and kick on at just the right time a furlong or two from the finish, not allowing the horses behind to get in a real blow.

So what you want to look for when reading a race, is to see how many horses are likely to be front runners and how many are usually held up for a late run because it is the pace of any race that will determine who wins and who loses.

No matter what price the horses are!

So, just the one or two at most front runners means they could get an easy lead and are worth looking at.

More than two or quite a few in the race, means that you want to look out for those hold up horses who can take advantage of the likely fast pace.

The best way to find out the pace is to read the previous race form details and look for words such as Led and Prominent or Slowly Away, Held Up, Restrained etc.

It will only take a few minutes per race once you get to know what you are looking for but it may just stop you backing that short priced favourite.

Or indeed spot that 25/1 outsider who you know will be the only one wanting to lead who will be on his way to winning before the others have a chance to peg him back!

And lone front runners on the flat who are also well drawn are worth a special look too!

So start to understand the pace of every race and get to know which horses like to lead or be held up and you will soon be able to unearth one or two very nice priced winners!

Thanks and good luck.

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